



HEALTHY COMMUNITIES INCENTIVE GRANTS BY TSET: MAKING LOCAL COMMUNITIES MORE LIVABLE

What exactly is a “built environment?” Just take a look around. A built environment is the human-built surrounding where we live our daily lives - sidewalks, green spaces, buildings and parks. Built environments have a profound impact on how we live our lives. In Durant, improving built environments has changed the life of the community.



BUILDING A PATH TO BETTER HEALTH IN DURANT.

In 2012, Durant received a \$50,000 Healthy Communities Incentive Grant from TSET. The city used the funding to build more sidewalks accessible to people with disability, complete with crosswalks and signage. The project also made it easier for students at two schools to walk to school and created safe walking areas for residents in a low-income residential area. Throughout the city, additional sidewalks now encourage walking and biking to school, as well as outdoor recreation for all ages. A dilapidated local park has been transformed into an outdoor recreation destination that includes a new softball field.

Rebecca Collins, City of Durant Grants Coordinator, encourages all Oklahoma communities to get Certified Healthy and seek out grants. “Maintain your Healthy Community Certification. Identify community needs to encourage healthy lifestyles, and be creative. TSET grants can be utilized to stretch dollars and enhance any project. You can use the funds to match almost any federal, state or philanthropic grant source.”



HEALTHY LIFESTYLES — ON A ROLL IN NOBLE.

When it came to leveraging TSET grant funds, the City of Noble took an unconventional route. It built a Skateboard Trail. The new trail encourages young adults to get out and get moving — making recreation a lifelong habit.

The impact of the trail was felt community-wide. City Manager Bob Wade thinks the trails are a testament to Noble's renewed commitment to healthy lifestyles. “Our community is much more aware of our commitment to public health, especially the efforts to reduce tobacco use among our students. The community is also aware that the uniquely designed Skateboard Trail is a statement to promote exercise opportunities for our students.”

APPLY FOR CERTIFIED HEALTHY STATUS TODAY!

The Certified Healthy Oklahoma Program is a voluntary statewide certification aimed at creating healthy environments where people live, work, learn and play. In order to be eligible for a TSET Healthy Communities Incentive Grant, your community must attain Certified Healthy status. To learn how your community can become Certified Healthy and become eligible to apply for grant funding, visit <http://certifiedhealthyok.com>.

TAKE THE NEXT STEP.

Apply for a TSET Healthy Communities Incentive Grant now!

Already Certified Healthy? Grant funding may be available for your community. To apply, submit a completed application at least 90 days before any regularly scheduled TSET Board of Directors meeting. Funding is based on availability, community population and incentive grant level. To learn more about applying for TSET Healthy Communities Incentive Grants, visit <http://tset.ok.gov/content/healthy-communities-incentive-grants>.